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### What is Lumina Team?

Every individual within a team has a personal identity yet the group, as a whole, often takes on certain personality traits of its own. Lumina Team investigates the team's own perspective of their character as well as how other people view their team, which allows them to co-create greater team awareness and understanding. Improved team relationships ultimately culminate in improved overall performance.

### Understand what kind of team you are part of.

The Lumina Team profile shows exactly where you fit in your team and which traits most make up the team profile. In a snapshot you can see the distribution of personality preferences. You can see at a glance the strong traits and characteristics within a group as well as potential blind spots. Patterns start to emerge revealing both potential strengths and development opportunities within the team. At an individual level, you can then see where and how you fit in the team.

### How can I ensure that I communicate effectively within my team?

Lumina Team offers its learners the opportunity to practise ways of communicating within several different types of teams. Lumina Team will offer you insights into alternative ways to get your message across so that it will be better received by the group and ultimately result in effective change.

### How can I encourage team harmony and group development?

The key to creating a cohesive team lies in really understanding their personalities and motivations and preferred communication styles.



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### Learn what to do when a team is not performing

Understanding deeper values can determine why a team is not acting as a single organism towards a shared goal. Communication adds another layer of complexity. Lumina Team uncovers these critical aspects which underlie non-performance and enables the team to co-create solutions as it becomes a high performing team.

### How do I positively influence a team?

Knowing yourself and your team, determines the range of interventions you choose to use. Lumina Team will help steer you in these decisions.

### What are the benefits of Lumina Team?

- Understand what kind of team you are part of
- Learn how to communicate effectively within a team
- Encourage team harmony and group development
- What to do when a team is not performing
- Learn how to positively influence a team

